

Freka® GastroTube

Aftercare Sheet

Name	
Tube Size	
Date of Placement	

> General Information:

- The tube in situ is a Freka GastroTube placed directly into the stomach, held in place by an internal retention balloon.
- The area where the tube enters the stomach is called the stoma site.

> Initial Care:

- Water/feed administration can be commenced immediately after placement. Refer to your individual feeding regimen.
- If there is localised swelling, stop feeding and report to your local healthcare professional.
- The feeding channel of the Freka GastroTube must be flushed with 20 ml of lukewarm water before and after every feeding episode, at least once a day.

> Daily Care:

- Clean stoma site daily with mild soap and warm water and ensure adequate drying.
- Observe stoma site daily for leakage, swelling, redness or inflammation - some clear fluid may be present, this is normal. Report any problems to your local healthcare professional.

- Flush tube with water (as per local/hospital policy) before and after enteral feed and medications.
- Do not use dressings unless clinically indicated.
- The balloon should be filled with 5ml - 7.5ml sterile water or 0.9% saline.
- The water level in the Freka GastroTube should be checked once a week. Your local healthcare professional can show you how to do this or will do it for you.
- If tube becomes blocked, it should be changed.
- **Do not** attempt to clear the blockage using force or high pressure.
- **Do not** put anything down the tube other than feed, water and medication in liquid form.
- Rotate the tube through a full circle (360°) daily.
- The external retention plate can be moved for cleaning, but should be returned back to its original position afterwards.
- The tube can remain in situ for several months with the proper care, before it requires replacing.

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